

## COMMUNITY RESOURCES

AGENCY	PHONE	SERVICES
	<b>Human Services Organizations</b>	
O.C. Adult Protective Services	800 451-5155	Adult abuse reporting
Alzheimer's Association of O.C.	949 955-9000, 800 660-1993	Education, support groups, adult day care
Braille Institute	714 821-5000	Services for blind/visual impaired
Council on Aging/Linkages	714 479-0107, 714 560-0170	4 programs for elderly/disabled adults
Dayle McIntosh Center	714 621-3300	Independent living services for disabled
Easter Seals (adult day programs)	714 558-8098	Multi services for elderly/disabled
Info Link/OC	211	Health & Human Service Information
Multipurpose Senior Services	714 825-3000	Resources for elderly needs
National Multiple Sclerosis Society	949 752-1680	Support groups, equipment loan
Office on Aging Information	714 567-7500, 800 510-2020	Information & referral
Rehab Institute Of So Calif (RIO)	714 680-6060	Adult day care, physical rehab
Regional Center - Laguna Hills	949 234-8840	Serves developmentally disabled persons
Regional Center - Orange	714 685-5555	Serves developmentally disabled persons
Regional Center - Santa Ana	714 796-5100	Serves developmentally disabled persons
Social Security Administration	800 772-1213	Benefit information
Social Service Agency, District Office	714 435-5800	General senior services
St Jude Brain Injury Network	714 449-4848	Information, advocacy, day services access
United Cerebral Palsy Association	714 557-1291	Day activities, skills training, employment
	<b>Health and Medical</b>	
Health Assessment Program	877 427-7824	Consultation for elderly on Medicare
Health Consumer Action Center	714 571-5200	Health care advocacy (a department of the Legal Aid Society)
Latino Health Access	714 542-7792	Health Education for Hispanics
Long Term Care Medi-Cal Spec.	714 480-6300	Application processing
Medicare	800 772-1213	General information
MSI (Medical Services for the Indigents)	714 480-6333	Medical Aid for the needy
Orange Elderly Services, Inc	714 538-9633	Commodities, education and health screening
Older Adult Services-Mental Health	714 972-3700	Mental health assessment and consultation

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	<b>Transportation</b>	
Access Transportation OCTA Serv.	877 628-2232	Transportation for disabled individuals
Application-OCTA Disabled Riders	714 560-5932, 714 560-5956	Transportation for disabled individuals
Care Ambulette	714 744-2444	Van transportation to medical appointments
FISH-Fullerton & Harbor area	714 533-3113, 949 642-6060	Free Transportation for medical purposes
	<b>Respite &amp; Caregiver Help</b>	
Orange Caregiver Resource Center	714 578-8670, 800 543-8312	Support for family members who are caregivers
	<b>Legal &amp; Advocacy Resources</b>	
Fair Housing	800 698-3247	Landlord/tenant dispute mediation
IHSS Advisory Committee	714 825-3000	Makes recommendations to IHSS and IHSS Public Authority regarding the implementation of IHSS Services
OC Legal Aid-Senior Advocacy	714 571-5200, 800 834-5001	Civil law advocacy
Ombudsman	714 479-0107, 800 231-4024	Local advocate for long term care residents
Protection and Advocacy	800 776-5746	Legal assistance for disabled
Senior Citizens Legal Services	714 571-5245	Gov't benefits, housing, consumer issues
Senior Legal Advocacy Program	800 834-5001	General legal assistance for seniors
	<b>General Resources</b>	
American Cancer Society	800 227-2345	Information and services for cancer patients
American Diabetes Association	714 662-7940	Refer to variety of health services for diabetes
American Heart Association	949 856-3555	Education programs for heart patients
Arthritis Foundation	714 436-1623	Information and referrals for arthritis patients
Catholic Charities	714 668-1130	Food distribution, job referral, financial aid
Feedback Foundation	714 220-0224	Delivered meals, visitors, home cleaning
Housing Authority-Anaheim	714 765-4320	Information on low income housing
Housing Authority-Orange County	714 480-2700	Information on low income housing
Housing Authority-Santa Ana	714 667-2200	Information on low income housing
Lutheran Social Services	714 626-1800	Variety of services for frail elderly
Senior Helping Hands-Irvine	949 341-0501	Caregiver referrals
Senior Health Outreach Prog. (Shop)	714 972-3700	Outreach and home visits for frail adults
Senior Outreach Ctr. Huntington Beach	714 960-2478	A variety of resources for the elderly