

Stone Soup Gazette

Orange County Health Needs Assessment

Volume 8, January 1999

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OCHNA'S SISTER COUNTY'S COMMUNITY NEEDS ASSESSMENT

INLAND EMPIRE COMMUNITY NEEDS COALITION

By: Bob Holt, VP Healthcare Association of Southern California, Inland Empire

Legislation often has unintended consequences. While usually these consequences create problems for those required to implement them, sometimes the effects are beneficial. Such is the case in the Inland Empire where one of the outcomes of the Community Benefit Law (SB 697, 1994) has been to spur the creation of a Community Needs Coalition to explore collaborative approaches to community needs assessment and community benefits planning.

The Coalition is a collaborative effort of hospitals, county Departments of Health, hospital association, universities and United Way Agencies of San Bernardino and Riverside Counties. The Coalition has been meeting for quite some time to share information and commiserate about reporting requirements, but as plans were developed to meet the December, 1998 reporting requirement, the efforts of the Coalition took on a new aspect.

In February 1998, a Community Needs and Assets Project was proposed by the Institute for Applied Research and Policy Analysis at California State University, San Bernardino. The proposal is designed to assist the nonprofit hospitals in facilitating communication, collaboration, and effectiveness of health and human services planning in the Inland Empire.

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DID YOU KNOW...?

FACTS ABOUT HEART HEALTH

Information taken from the American Heart Association

- ❖ Higher death rates are found among socially isolated heart patients than those with a spouse or confidant.
- ❖ Coronary disease is the number one cause of death among American Women.
- ❖ Smokers have a risk of heart attack that is twice that of non-smokers.
- ❖ The risk of heart disease rises with increased cholesterol levels.
- ❖ Children who have parents with heart disease experience an increased risk of developing heart disease.
- ❖ Moderate exercise can significantly reduce risk of heart disease.
- ❖ Risk of heart disease is seriously increased by diabetes.

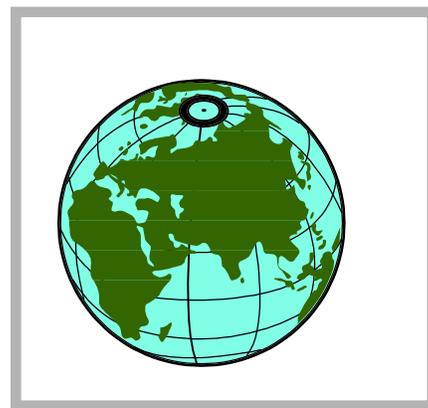


QUIZ – AIDS IN ORANGE COUNTY

Information obtained from the County of Orange HIV Planning Advisory Council Report: Comprehensive HIV Services Plan, 1999-2000

1. When was AIDS first identified in Orange County?
 - A. 1980
 - B. 1981
 - C. 1983
 - D. 1986
2. HIV testing has always been available free of charge for anyone requesting the test on a walk-in basis.
 - A. True
 - B. False
3. Of the 4,942 cumulative cases of AIDS reported, between 1981 and March of 1998, in Orange County, what percentage of these cases were men?
 - A. 48
 - B. 56
 - C. 73
 - D. 92
4. What percentage of Orange County residents with AIDS reported to the Center for Disease Control are children under the age of thirteen?
 - A. Less than 1%
 - B. 3%
 - C. 5%
 - D. More than 10%
5. Persons in what age group consistently compose the single largest group of reported AIDS cases in Orange County?
 - A. 20 - 29
 - B. 30 - 39
 - C. 40 - 49
 - D. 50 - 59

Answers: B, A, D, A, B



WWW.OC.CA.GOV/OCHNA/

Visit our web page and check out what is new and exciting, as we venture forth on our quest for a healthier community. If you have questions, suggestions or wish to get involved, please contact Pamela Austin, Project Director, at the Healthcare Assoc. of Southern California (714) 547-3631, or e-mail her directly at paustin@hasc.org



Stone Soup Gazette

The Stone Soup Gazette is the official Newsletter of the Orange County Health Needs Assessment Project. This is a monthly publication. We welcome your comments, concerns or suggestion. Deadline for articles is the 10th of the month.

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There are five deliverables for the project:

1. An annotated resource bibliography that will describe needs assessments conducted locally and their findings,
2. A reference guide to data sources for needs assessment and asset planning,
3. A compilation of known needs assessments and sources of data on needs in the service areas of the participating organizations,
4. Primary data collection via telephone survey, and
5. Primary data collection via focus groups.

The information already provided to the participating hospitals has become an invaluable part of their efforts to assess the needs in their individual service areas (and to meet the reporting requirements of SB697). However, perhaps the most promising aspect of this project is yet to come. The incredible amount of data generated by this project provides an opportunity for community-wide needs assessment and planning that is unprecedented in the Inland Empire. Data regarding key health indicators and comparing performance within those indicators is available in a format that allows comparisons with County-wide, State-wide and (in many cases) national performance.

It is hoped that a cradle-to-grave health needs agenda can emerge from the efforts of the Coalition. The elements are there; adequate data to make informed decisions, and a broad-based coalition with the expertise to appropriately use the data. That truly would be a wonderful, unforeseen benefit of the SB697 Legislation.



Nonprofit Financial Management Program Offered at

Cal State Fullerton

By: Kathleen Costello, Executive Director, Center for Nonprofit Sector Research

Cal State Fullerton is launching a new certificate program covering a range of financial management subjects from legal and tax issues to fund accounting methods. This is one of the only programs available in Southern California that teaches nonprofit workers at all levels the financial management skills that are particular to the nonprofit fields. Very little formal training is available for those who are responsible for nonprofit agencies' bookkeeping, financial controlling, and investment management.

For the kickoff semester, special pricing has been arranged for all registrants. Fees are 50 percent of for all registrations received (until maximum capacity is reached) for the Spring 1999 semester. This very special discount is made possible by underwriting donations for the inaugural semester, and may not be offered again.

Registrations are now being accepted for the program, which begins in February 1999. The program has been designed as a series of six mini-modules that can be completed within four months or over two semesters. Registration is open for individual modules or for the entire program. Students may earn a Certificate in Financial Planning and Management for Nonprofit Organizations by completing all six mini-courses within two semesters.

For a brochure and registration application, phone (714) 278-2611 or (714) 278-7645. Limited scholarship support also is available for Spring 1999 registrations. Additional information on Cal State Fullerton's University Extended Education programs is available on the web at www.TakeTheLead.fullerton.edu.

OCHNA Steering Committee

Len Foster, Co-chair.....Orange County HCA
Dr. Gwyn Parry, Co-chair...Hoag Memorial Hosp.
Pamela Austin, Director.....OCHNA

Anaheim General Hospital
Anaheim Memorial Med. Ctr.
CalOPTIMA
Children's Hospital of OC
Coalition of OC Community Clinics
Coastal Communities Hospital
Chapman Medical Center
Fountain Valley Regional Hospital
Garden Grove Hospital
Healthcare Assoc. of So. Calif.
Healthcare Council of OC
Hoag Memorial Hosp. Presbyterian
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Irvine Medical Center
Kaiser Permanente
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Los Alamitos Medical Center
March of Dimes
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Mental Health Assoc. of OC
Mission Hospital Regional MC
Orange County Medical Assoc.
Orange Coast Memorial MC
Orange County HCA
Placentia Linda Hospital
Saddleback Memorial MC
St. Joseph Health System
St. Joseph Hospital
St. Jude Medical Center
Santa Ana Hospital
South Coast Medical Center
UCI Medical Center
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West Anaheim Med. Cntr.
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Ron Wright, DDS.....100 Black Men of OC
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OC Community Foundation

Community Highlight



FEBRUARY IS HEART HEALTH MONTH!

Check out these exciting upcoming events taking place at Anaheim and Saddleback Memorial Medical Centers in observance of Heart Health Month.

Let Me Call You Sweetheart – Not always a Good Thing for Diabetes & Heart Disease

Those with diabetes have an increased risk of heart disease. Join a certified diabetes educator for a discussion of how those with diabetes can decrease their risk and maintain good heart health.

Anaheim Memorial Medical Center: February 11, 1:30-3:00pm

Saddleback Memorial Medical Center: February 2, 10:00-11:30am

New Advances in Heart Care at Anaheim Memorial Medical Center

Join our cardiac professionals to learn about the latest innovations in heart care. Learn how enhanced technology can make procedures safer and less invasive for patients.

ANAHEIM MEMORIAL MEDICAL CENTER: FEBRUARY 17, 5:00-6:30PM

NEW ADVANCES IN HEART SURGERY AT SADDLEBACK MEMORIAL MEDICAL CENTER

How can an octopus be used in heart surgery? Join cardiothoracic surgeon David Perkowski, MD. in a discussion on the new "Octopus" procedure available at Saddleback Memorial. Participants will receive a complimentary recipe book.

Saddleback Memorial Medical Center: February 3, 2:00-3:30pm

GETTING YOUR HEART IN HARMONY – HEART FAIR SCREENINGS

Do you know your risk of heart disease? In recognition of American Heart Health Month, Anaheim Memorial and Saddleback Memorial are sponsoring this health fair with screenings to help you learn heart problem risks and prevention. Free screenings will include blood pressure, stress and body fat. Blood glucose and cholesterol screenings will be performed for a small fee. The event will also include exercise demonstrations, program referrals, and special presentations by medical professionals. Take home FREE giveaways and coupons!

ANAHEIM MEMORIAL MEDICAL CENTER: FEBRUARY 25, 10:00AM-1:00PM

Saddleback Memorial Medical Center: February 9, 10:00am-1:00pm

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